

Berliner Höhenweg/Zillertaler Runde

Pack List

Basic Equipment

- Hiking boots: support function for the foot, protection against rain, snow, gravel, secure hold
- Base layers
- Breathable shirt
- Fleece zip, or jacket
- Weather jacket with hood, windproof and water-repellent material
- long or convertible pants, sturdy and resilient synthetic material
- Hiking socks & liners
- Warm Beanie hat & gloves
- Minimal extra clothing for changing/wearing in huts
- Backpack, 40 – 60 liters with rain cover
- Maps, trip literature
- Sun protection (sunscreen, hat, sunglasses, chapstick)
- 2-3, 1 liter Nalgene, or 1, 3 Liter Platypus
- Food/snacks (we can purchase lunches at the various huts)
- First Aid Kit (moleskin, blister treatment)
- Toilet Paper
- ID or passport, alpine club membership card, mobile phone, camera
- Money
- Pocket knife
- Headlamp
- Rain Gear
- Trekking Poles
- Ear plugs (optional, to block snorers)
- Hüttenschlafsack (eg: silk or cotton sleeping bag liner) Mattresses, blankets (or duvets) and pillows are provided in all grades of accommodation
- light shoes (or socks) for in the huts
- Small towel , soap, toiletry kit